

Full Report (All Nutrients) 90480, Syrup, Cane

Report Date: June 27, 2017 07:06 EDT

Nutrient values and weights are for edible portion.

Food Group : Sweets

Carbohydrate Factor: 3.68 Nitrogen to Protein Conversion Factor:6.25

Nutrient	Unit	1 Value Per100 g	Data points	Std. Error	1 serving 21g
Proximates					
Water	g	26.00	1	--	5.46
Energy	kcal	269	--	--	56
Energy	kJ	1126	--	--	236
Protein	g	0.00	1	--	0.00
Total lipid (fat)	g	0.00	1	--	0.00
Ash	g	0.86	--	--	0.18
Carbohydrate, by difference	g	73.14	--	--	15.36
Fiber, total dietary	g	0.0	--	--	0.0
Sugars, total	g	73.20	--	--	15.37
Minerals					
Calcium, Ca	mg	13	1	--	3
Iron, Fe	mg	3.60	1	--	0.76
Magnesium, Mg	mg	10	1	--	2
Phosphorus, P	mg	8	1	--	2
Potassium, K	mg	63	1	--	13
Sodium, Na	mg	58	1	--	12
Zinc, Zn	mg	0.19	1	--	0.04
Copper, Cu	mg	0.020	1	--	0.004
Selenium, Se	µg	0.7	--	--	0.1
Vitamins					
Vitamin C, total ascorbic acid	mg	0.0	1	--	0.0
Thiamin	mg	0.130	1	--	0.027

Nutrient	Unit	1 Value Per100 g	Data points	Std. Error	1 serving 21g
Riboflavin	mg	0.060	1	--	0.013
Niacin	mg	0.100	1	--	0.021
Vitamin B-6	mg	0.000	--	--	0.000
Folate, total	µg	0	--	--	0
Folic acid	µg	0	--	--	0
Folate, food	µg	0	--	--	0
Folate, DFE	µg	0	--	--	0
Vitamin B-12	µg	0.00	--	--	0.00
Vitamin B-12, added	µg	0.00	--	--	0.00
Vitamin A, RAE	µg	0	--	--	0
Retinol	µg	0	--	--	0
Carotene, beta	µg	0	--	--	0
Carotene, alpha	µg	0	--	--	0
Cryptoxanthin, beta	µg	0	--	--	0
Vitamin A, IU	IU	0	1	--	0
Lycopene	µg	0	--	--	0
Lutein + zeaxanthin	µg	0	--	--	0
Vitamin E (alpha-tocopherol)	mg	0.00	--	--	0.00
Vitamin E, added	mg	0.00	--	--	0.00
Vitamin D (D2 + D3)	µg	0.0	--	--	0.0
Vitamin D	IU	0	--	--	0
Vitamin K (phylloquinone)	µg	0.0	--	--	0.0
Lipids					
Fatty acids, total saturated	g	0.000	1	--	0.000
4:0	g	0.000	--	--	0.000
6:0	g	0.000	--	--	0.000
8:0	g	0.000	--	--	0.000
10:0	g	0.000	--	--	0.000
12:0	g	0.000	--	--	0.000
14:0	g	0.000	--	--	0.000
16:0	g	0.000	--	--	0.000
18:0	g	0.000	--	--	0.000
Fatty acids, total monounsaturated	g	0.000	--	--	0.000

Nutrient	Unit	1 Value Per100 g	Data points	Std. Error	1 serving 21g
16:1 undifferentiated	g	0.000	--	--	0.000
18:1 undifferentiated	g	0.000	--	--	0.000
20:1	g	0.000	--	--	0.000
22:1 undifferentiated	g	0.000	--	--	0.000
Fatty acids, total polyunsaturated	g	0.000	--	--	0.000
18:2 undifferentiated	g	0.000	--	--	0.000
18:3 undifferentiated	g	0.000	--	--	0.000
18:4	g	0.000	--	--	0.000
20:4 undifferentiated	g	0.000	--	--	0.000
20:5 n-3 (EPA)	g	0.000	--	--	0.000
22:5 n-3 (DPA)	g	0.000	--	--	0.000
22:6 n-3 (DHA)	g	0.000	--	--	0.000
Cholesterol	mg	0	1	--	0
Amino Acids					
Other					
Alcohol, ethyl	g	0.0	--	--	0.0
Caffeine	mg	0	--	--	0
Theobromine	mg	0	--	--	0